



# Suggested Delivery Plans



**Personal, Social, Health & Economic Education**



## Introduction

The 1decision resources have been created to provide schools with the flexibility to deliver PSHE lessons in line with the needs of your students. The needs of your students will vary depending on geographical location, local community, and social issues.

It is important that teaching staff understand our delivery guides are only a suggestion and to tailor our resources to the needs of their students and community.

Topics can be delivered as standalone PSHE lessons, or filtered into other areas of the curriculum. For example: our 'In-app Purchases' topic could form a maths lesson.

If you require any further assistance with the delivery of our resources, please do not hesitate to contact us at [info@1decision.co.uk](mailto:info@1decision.co.uk).



*Please choose the most suitable guide for your school below.*

- 1 Suggested topic delivery overview.....3**  
*Our first suggested topic overview provides a cross-over for years 1-3, as the needs of the students will be dependant on the quality of the EYFS curriculum and outcomes.*
- 2 Suggested topic delivery overview - Year by Year Breakdown.....4**  
*The second suggested topic overview provides a further breakdown for the younger year groups.*
- 3 Suggested topic delivery overview - Mixed Classes.....5**  
*Our third suggested topic overview has been created for schools with mixed classes.*

# 1 - Suggested topic delivery overview

Topic suggested for years 1/2 5-8 Resources	Topic suggested for years 2/3 5-8 Resources	Topic suggested for year 4 8-11 Resources	Topic suggested for year 5 8-11 Resources	Topic suggested for year 6 8-11 Resources
<b>KEEPING/STAYING SAFE</b>	<b>KEEPING/STAYING SAFE</b>	<b>KEEPING/STAYING SAFE</b>	<b>KEEPING/STAYING SAFE</b>	<b>KEEPING/STAYING SAFE</b>
Assessment - Baseline Road Safety Tying Shoelaces	Staying Safe Leaning Out of Windows Assessment - Summative	Assessment - Baseline Cycle Safety	Peer Pressure Adults' Views Children's Views	Water Safety Assessment - Summative
<b>KEEPING/STAYING HEALTHY</b>	<b>KEEPING/STAYING HEALTHY</b>	<b>KEEPING/STAYING HEALTHY</b>	<b>KEEPING/STAYING HEALTHY</b>	<b>KEEPING/STAYING HEALTHY</b>
Assessment - Baseline Healthy Eating Washing Hands	Brushing Teeth Medicine Assessment - Summative	Assessment - Baseline Healthy Living	Smoking Adults' Views Children's Views	Alcohol Assessment - Summative
<b>RELATIONSHIPS</b>	<b>RELATIONSHIPS</b>	<b>GROWING AND CHANGING</b>	<b>GROWING AND CHANGING</b>	<b>GROWING AND CHANGING</b>
Assessment - Baseline Bullying Friendship	Body Language Touch Assessment - Summative	Assessment - Baseline Appropriate Touch (Relationships)	Puberty Adults' Views Children's Views	Conception Assessment - Summative
<b>BEING RESPONSIBLE</b>	<b>BEING RESPONSIBLE</b>	<b>BEING RESPONSIBLE</b>	<b>BEING RESPONSIBLE</b>	<b>BEING RESPONSIBLE</b>
Assessment - Baseline Practice Makes Perfect Water Spillage	Helping Someone in Need Stealing Assessment - Summative	Assessment - Baseline Coming Home on Time	Looking Out for Others Adults' Views Children's Views	Stealing Assessment - Summative
<b>FEELINGS AND EMOTIONS</b>	<b>FEELINGS AND EMOTIONS</b>	<b>FEELINGS AND EMOTIONS</b>	<b>FEELINGS AND EMOTIONS</b>	<b>FEELINGS AND EMOTIONS</b>
Assessment - Baseline Jealousy Worry	Anger Grief Assessment - Summative	Assessment - Baseline Jealousy	Anger Adults' Views Children's Views	Worry Assessment - Summative
<b>COMPUTER SAFETY</b>	<b>COMPUTER SAFETY</b>	<b>COMPUTER SAFETY</b>	<b>COMPUTER SAFETY</b>	<b>COMPUTER SAFETY</b>
Assessment - Baseline Online Bullying Image Sharing	Making Friends Online Computer Safety Documentary Assessment - Summative	Assessment - Baseline Online Bullying	Image Sharing Adults' Views Children's Views	Making Friends Online Assessment - Summative
<b>MONEY MATTERS</b>	<b>MONEY MATTERS</b>	<b>THE WORKING WORLD</b>	<b>THE WORKING WORLD</b>	<b>THE WORKING WORLD</b>
Assessment - Baseline Money Matters	Assessment - Summative	Assessment - Baseline Chores at Home	Enterprise Adults' Views Children's Views	In-App Purchases Assessment - Summative
<b>HAZARD WATCH</b> This module is suggested for years 1-3 and can be delivered where suitable		<b>A WORLD WITHOUT JUDGEMENT</b>	<b>A WORLD WITHOUT JUDGEMENT</b>	<b>A WORLD WITHOUT JUDGEMENT</b>
Assessment - Baseline Is it safe to eat or drink? Is it safe to play with? Assessment - Summative		Assessment - Baseline Breaking Down Barriers	Inclusion and Acceptance Adults' Views Children's Views	British Values Assessment - Summative

## 2 - Suggested topic delivery overview - Year by Year Breakdown

Suggested for years 1 5-8 Resources	Suggested for years 2 5-8 Resources	Suggested for years 3 5-8 Resources	Suggested for year 4 8-11 Resources	Suggested for year 5 8-11 Resources	Suggested for year 6 8-11 Resources
<b>KEEPING/STAYING SAFE</b>	<b>KEEPING/STAYING SAFE</b>	<b>KEEPING/STAYING SAFE</b>	<b>KEEPING/STAYING SAFE</b>	<b>KEEPING/STAYING SAFE</b>	<b>KEEPING/STAYING SAFE</b>
Assessment - Baseline Road Safety	Tying Shoelaces	Staying Safe Leaning Out of Windows Assessment - Summative	Assessment - Baseline Cycle Safety	Peer Pressure Adults' & Children's Views	Water Safety Assessment - Summative
<b>KEEPING/STAYING HEALTHY</b>	<b>KEEPING/STAYING HEALTHY</b>	<b>KEEPING/STAYING HEALTHY</b>	<b>KEEPING/STAYING HEALTHY</b>	<b>KEEPING/STAYING HEALTHY</b>	<b>KEEPING/STAYING HEALTHY</b>
Assessment - Baseline Washing Hands	Healthy Eating Brushing Teeth	Medicine Assessment - Summative	Assessment - Baseline Healthy Living	Smoking Adults' & Children's Views	Alcohol Assessment - Summative
<b>RELATIONSHIPS</b>	<b>RELATIONSHIPS</b>	<b>RELATIONSHIPS</b>	<b>GROWING AND CHANGING</b>	<b>GROWING AND CHANGING</b>	<b>GROWING AND CHANGING</b>
Assessment - Baseline Friendship	Bullying Body Language	Touch Assessment - Summative	Assessment - Baseline Appropriate Touch (Relationships)	Puberty Adults' & Children's Views	Conception Assessment - Summative
<b>BEING RESPONSIBLE</b>	<b>BEING RESPONSIBLE</b>	<b>BEING RESPONSIBLE</b>	<b>BEING RESPONSIBLE</b>	<b>BEING RESPONSIBLE</b>	<b>BEING RESPONSIBLE</b>
Assessment - Baseline Water Spillage	Practice Makes Perfect Helping Someone in Need	Stealing Assessment - Summative	Assessment - Baseline Coming Home on Time	Looking Out for Others Adults' & Children's Views	Stealing Assessment - Summative
<b>FEELINGS AND EMOTIONS</b>	<b>FEELINGS AND EMOTIONS</b>	<b>FEELINGS AND EMOTIONS</b>	<b>FEELINGS AND EMOTIONS</b>	<b>FEELINGS AND EMOTIONS</b>	<b>FEELINGS AND EMOTIONS</b>
Assessment - Baseline Jealousy	Worry Anger	Grief Assessment - Summative	Assessment - Baseline Jealousy	Anger Adults' & Children's Views	Worry Assessment - Summative
<b>COMPUTER SAFETY</b>	<b>COMPUTER SAFETY</b>	<b>COMPUTER SAFETY</b>	<b>COMPUTER SAFETY</b>	<b>COMPUTER SAFETY</b>	<b>COMPUTER SAFETY</b>
Assessment - Baseline Online Bullying	Image Sharing	Making Friends Online Computer Safety Documentary Assessment - Summative	Assessment - Baseline Online Bullying	Image Sharing Adults' & Children's Views	Making Friends Online Assessment - Summative
	<b>MONEY MATTERS</b>	<b>MONEY MATTERS</b>	<b>THE WORKING WORLD</b>	<b>THE WORKING WORLD</b>	<b>THE WORKING WORLD</b>
	Assessment - Baseline Money Matters	Assessment - Summative	Assessment - Baseline Chores at Home	Enterprise Adults' & Children's Views	In-App Purchases Assessment - Summative
<b>HAZARD WATCH</b> This module is suggested for years 1-3 and can be delivered where suitable			<b>A WORLD WITHOUT JUDGEMENT</b>	<b>A WORLD WITHOUT JUDGEMENT</b>	<b>A WORLD WITHOUT JUDGEMENT</b>
<b>Assessment - Baseline • Is it safe to eat or drink? • Is it safe to play with? Assessment - Summative</b>			Assessment - Baseline Breaking Down Barriers	Inclusion and Acceptance Adults' & Children's Views	British Values Assessment - Summative

### 3 - Suggested topic delivery overview - Mixed Classes

Years 1/2 5-8 Resources	Years 3/4 5-8 and 8-11 Resources	Year 5/6 8-11 Resources
<b>KEEPING/STAYING SAFE</b>	<b>KEEPING/STAYING SAFE</b>	<b>KEEPING/STAYING SAFE</b>
Assessment - Baseline Road Safety Tying Shoelaces	<b>Leaning Out of Windows (5-8) • Staying Safe (5-8)</b> <b>Assessment - Summative (5-8) • Assessment - Baseline (8-11)</b> <b>Cycle Safety (8-11)</b>	Peer Pressure Adults Views • Childrens Views Water Safety • Assessment - Summative
<b>KEEPING/STAYING HEALTHY</b>	<b>KEEPING/STAYING HEALTHY</b>	<b>KEEPING/STAYING HEALTHY</b>
Assessment - Baseline Healthy Eating Washing Hands • Brushing Teeth	<b>Medicine (5-8) • Assessment - Summative (5-8)</b> <b>Assessment - Baseline (8-11)</b> <b>Healthy Living (8-11)</b>	Smoking Adults Views • Childrens Views Alcohol • Assessment - Summative
<b>RELATIONSHIPS</b>	<b>RELATIONSHIPS / GROWING AND CHANGING</b>	<b>GROWING AND CHANGING</b>
Assessment - Baseline Bullying • Friendship • Body Language •	<b>Touch (5-8) • Assessment - Summative (5-8)</b> <b>Assessment - Baseline (8-11)</b> <b>Appropriate Touch (Relationships) (8-11)</b>	Puberty Adults Views • Childrens Views Conception • Assessment - Summative
<b>BEING RESPONSIBLE</b>	<b>BEING RESPONSIBLE</b>	<b>BEING RESPONSIBLE</b>
Assessment - Baseline Water Spillage • Practice Makes Perfect Helping Someone in Need • Assessment - Summative	<b>Stealing (5-8) • Assessment - Summative (5-8)</b> <b>Assessment - Baseline (8-11) • Coming Home on Time (8-11)</b>	Looking Out for Others Adults Views • Childrens Views • Stealing • Assessment - Summative
<b>FEELINGS AND EMOTIONS</b>	<b>FEELINGS AND EMOTIONS</b>	<b>FEELINGS AND EMOTIONS</b>
Assessment - Baseline Jealousy • Anger • Worry	<b>Grief (5-8) • Assessment - Summative (5-8)</b> <b>Assessment - Baseline (8-11) • Jealousy (8-11)</b>	Anger • Adults Views • Childrens Views Worry • Assessment - Summative
<b>COMPUTER SAFETY</b>	<b>COMPUTER SAFETY</b>	<b>COMPUTER SAFETY</b>
Assessment - Baseline Online Bullying • Image Sharing	<b>Computer Safety Documentary (5-8)</b> <b>Making Friends Online (5-8) • Assessment - Summative (5-8)</b> <b>Assessment - Baseline (8-11) • Online Bullying (8-11)</b>	Image Sharing Adults Views • Children Views Making Friends Online • Assessment - Summative
<b>MONEY MATTERS</b>	<b>THE WORKING WORLD</b>	<b>THE WORKING WORLD</b>
Assessment - Baseline • Money Matters	<b>Assessment - Summative (5-8)</b> <b>Assessment - Baseline (8-11)</b> <b>Chores at Home (8-11)</b>	Enterprise • Adults Views • Childrens Views In-App Purchases • Assessment - Summative
<b>HAZARD WATCH</b>	<b>A WORLD WITHOUT JUDGEMENT</b>	<b>A WORLD WITHOUT JUDGEMENT</b>
Assessment - Baseline • Is it safe to eat or drink? Is it safe to play with? • Assessment - Summative	<b>Assessment Baseline (8-11)</b> <b>Breaking Down Barriers (8-11)</b>	Inclusion and Acceptance • Adults Views • Childrens Views British Values • Assessment - Summative